

To:  
The Editor/Reporter

-----

-----

Sir,

Kindly publish this matter in your esteemed News Paper.

**Workshop on**

**“Chaos To Clarity: The Blueprint for Balance and Success”**

**REPORT**

Workshop on “**Chaos To Clarity: The Blueprint for Balance and Success**” was organized by P.G. Department of Commerce of K.L.E. Society’s Shri Mrityunjaya College of Arts and Commerce, Dharwad on **21/01/2025**.

**Meenaxi Gulla**, Senior Data Analyst for Kaiser Permanente Company based in California, USA and also Certified Circle of Life Coach, Body Mind Coach was invited as the Resource Person. She called upon the students to identify their unique strengths and core values which are hidden. Because with these strengths and core values help us to achieve success in our life. These strengths and values helps to achieve your goals with authenticity and confidence. Set greater vision, dream bigger and overcome challenges she added. She explained the psychology of eating tips to support both body and mind.

Dr.(Smt) Neelakka Patil, Principal of the college presided over the function. Miss Kaveri Benakatti invoked the almighty. Prof. Suchita Totgi, P.G. Co-ordinator introduced, Prof. Rajamati Dodamani proposed vote of thanks, Prof. Akshata Jirali compeered the programme. Prof. Umesh Neelappanavar, Prof.Nagaraj Parvati, Prof. Suvarna Hugar, Prof. Tejaswini Gurustalmath, Prof.Shweta Rayoji, Dr.Rahiman Gorajanal, Prof. Suresh Sankannavar graced the programme.



**Meenaxi Gulla**, Senior Data Analyst for Kaiser Permanente Company based in California, USA and also Certified Circle of Life Coach, Body Mind Coach inaugurated the workshop by watering the plant on 21/01/2025. Dr. Neelakka C. Patil, Principal of the college, Prof. Suchita Totgi, Prof. Akshata are also seen.



**Meenaxi Gulla** addressing the students on the occasion of Workshop on “Chaos To Clarity: The Blueprint for Balance and Success” was organized by P.G. Department of Commerce, K.L.E. Society’s Shri Mrityunjaya College of Arts and Commerce, Dharwad on 21/01/2025.



Body, mind balancing exercises imparted by Meenaxi Gulla, Senior Data Analyst for Kaiser Permanente Company based in California, USA and also Certified Circle of Life Coach, Body Mind Coach